

# HEADLINING HEMPFIELD



Volume 29 Number 2

Spring 2010

*Community Newsletter for Hempfield Township, Hempfield Area School District,  
Hempfield Township Municipal Authority, and Hempfield Parks & Recreation*

## 2010 Public Works Projects Announced



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*Hempfield Parks & Recreation  
Spring Program of Activities  
Pages 1 -21*

*Walk-in Registration  
RESIDENTS begins  
Monday, March 15, 2010  
8:00 am to 4:00 pm  
NON-RESIDENTS begins  
Monday, March 22, 2010  
8:00 am to 4:00 pm*

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*Hempfield Township  
News  
Pages*

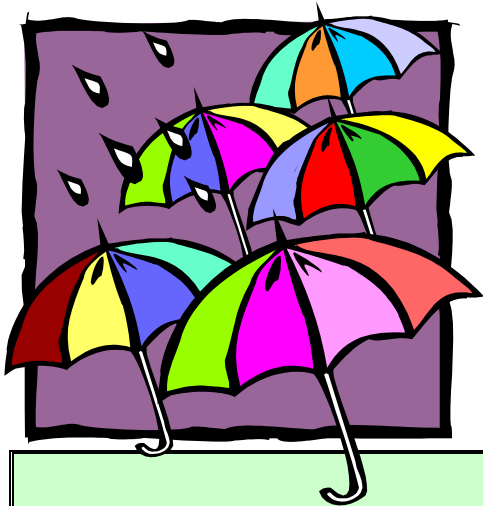
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*Hempfield Township  
Municipal Authority News  
Page*

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*Hempfield Area School  
District News  
Pages*

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# Hempfield Parks and Recreation

1132 Woodward Drive, Suite B, Greensburg, PA 15601

Phone: 724-836-7900

Fax: 724-836-7708

## OFFICE HOURS

7:30 am to 4:30 pm - Monday thru Friday

### Mission Statement

To enrich the lives of all citizens within the boundaries of Hempfield Township by providing the opportunity to make constructive use of leisure time, contributing to good health, human happiness and physical and mental well-being. Recreational opportunities and park experiences will be provided for year round and will be accessible to everyone, enhancing the quality of life and self esteem of all Hempfield residents regardless of age, sex, race or income.

### Hello Hempfield !

Put away your shovels and snow blowers—Spring is on its way ! Thank you to everyone who registered for one of our winter programs. It was a good season with many fun-filled activities.

Looking forward to Spring, we will once again be offering our annual sightseeing and shopping trip to Baltimore Inner Harbor on Saturday, May 1, 2010.

“Spring” into action by registering promptly for one or more of our spring programs. Leave the winter blues and cabin fever behind.

**Registration for walk-in residents begins on Monday, March 15, 2010 and Monday, March 22, 2010 for walk-in non-residents. WALK-IN, MAIL-IN AND FAX REGISTRATION ONLY. NO PHONE IN REGISTRATIONS ACCEPTED.**

Thanks for your continued support and have a great Spring!

*Dean Minerva*

Dean Minerva, Director



### Hempfield Parks & Recreation Commission

Scott Gordon ▪ Jay Smeltzer ▪ Rudy Ferrara

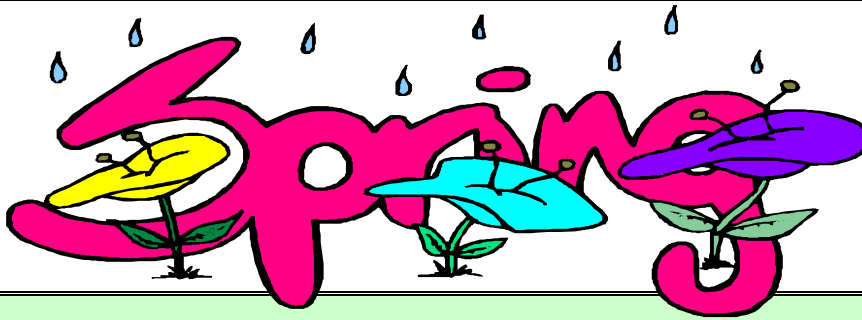
Jeff Colello ▪ Ken Wees

Robert McDonald ▪ Gordon Scherff

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2010



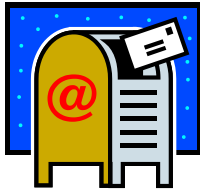
Programs

Hempfield Parks and Recreation program brochures are bulk mailed to all Hempfield residents. Please remember to hang on to your book; you may want to look at it again. Due to additional postage costs, we cannot accommodate the requests to mail out brochures a second time to your home.

### Enrollment Methods (Registration form on page 20)

Residents of Adamsburg, Hunker, Manor, New Stanton and Youngwood are Borough Residents in the Hempfield Area School District.

#### Mail-In



Hempfield Parks & Recreation  
1132 Woodward Drive, Suite B  
Greensburg, PA 15601

Early mail is held until Monday, March 15 and is processed daily as soon as possible.

#### Walk-In



Hempfield Parks & Recreation Department  
Hempfield Township Municipal Building  
(off Route 136, near Fort Allen) Residents registration begins Monday, March 15 from 8:00 am to 4:00 pm. Non-resident registration begins Monday, March 22.

#### Fax

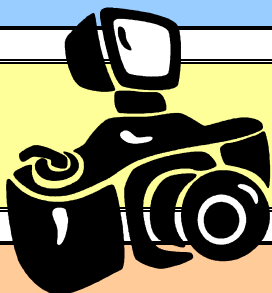


724-836-7708  
Visa/MasterCard/Discover  
Residents registration begins Monday, March 15 from 8:00 am to 4:00 pm. Non-residents registration begins Monday, March 22.



#### EARLY BIRDS..... get in the class !!

At some point we must decide whether to cancel a program due to lack of enrollment. Registering at the last minute may mean that the program you want has already been cancelled. Please register early. **Must be pre-registered. NO registrations will be accepted by instructors at the class, chaperone of special event/field trip, or coaches of our sports.**



#### Say Cheese !!

For program promotion purposes, photographs may be taken of participants from time to time. If you do not wish to have your photo taken, please notify the photographer and/or class instructor.

#### Typo, Human Error, We goofed...! ?

Occasionally there may be an error in days, times, registration requirements or fees in the brochure. When such errors occur, our staff will do everything possible to correct the situation promptly, We thank you for your patience and understanding when these situations arise.



## Field Trips (Registration form on page 20)

Children under age 12 must be accompanied by an adult.

### Baltimore Inner Harbor

Plan to join us for our annual visit to one of America's oldest seaports and most popular tourist destinations. Spend the afternoon enjoying fresh seafood right out of the Chesapeake Bay. Explore the galleries of unique shops, museums, national landmarks or take a boat ride on the harbor. **A BRIEF REST STOP IS PLANNED EN ROUTE.**

**Date:** Saturday, May 1, 2010  
**Time:** Bus departs at 7:30 am from parking lot behind Petsmart in Hempfield Square Plaza & returns approximately 11:30 pm  
**Registration Deadline:** Friday, April 23, 2010  
**Resident Fee:** \$ 50  
**Non-Resident Fee:** \$ 60  
**Limit:** 45 participants



## Special Events (Registration form on page 20)

### Baby Bargain Boutique & Maternity Sale

Saturday, May 22, (9:00 am - 2:00 pm) Hempfield Township Athletic Complex

**SALE WILL BE ADVERTISED IN LOCAL NEWSPAPERS**

Buy or sell good useable maternity clothes and children's clothing, toys and furniture for children ages 4 and under.

**To Buy:** The doors will open at 9:00 am. There is no admission fee. Be prepared to purchase great bargains for your baby, toddler or expectant mothers.

**To Sell:** Register by April 14 or until space is full. Sellers begin setting up 7:30am and clear space by 3:00pm

**Resident Fee:** \$ 15 Fee includes space & six foot table (\$5 additional table)  
**Non-resident fee:** \$ 25 Fee includes space & six foot table (\$5 additional table)  
**Limit:** 30 Tables



### Date with Daddy Dance (Ages 4-10)

Fathers and father-figures, show your precious princesses the royal treatment as we roll out the red carpet for you at this highly anticipated and time-honored event. An unforgettable evening awaits you filled with fun and surprises. All will dine in elegance while enjoying a fabulous sit down dinner. Then allow your little darling to wrap her arms around you and step on your toes as you dance the night away. Time passes too quickly so prepare to wear your fanciest outfits and brightest smiles and sign up early as space is limited.

**Location:** Lakeview—Rt. 30, Greensburg  
**Date:** Friday, April 30  
**Time:** 6:00-8:30pm  
**Resident Fee:** Adult \$ 32 Child \$ 27  
**Non-Resident Fee:** Adult \$ 42 Child \$ 37  
**Registration Deadline:** April 26



Limit:

200 participants

## Special Events Continued (Registration form on page 20)



### HEMPFIELD COMMUNITY DAYS

August 14 - 15, 2010

(Hempfield Park Rt. 66 North—4 miles from downtown Greensburg)

Outdoor festival includes: Food, Kids Zone, Entertainment, Fireworks and Sports.

*Look for more details and information in our Summer Headlining Hempfield!!*

*To receive information on Vendors, Sponsoring, or Volunteering*

*Contact Patrick Karnash 724-219-3963 or [pkarnash@hempfielddwp.org](mailto:pkarnash@hempfielddwp.org)*



Please take advantage of this special offer for the 2010 Community Days.

For only \$1 your name will automatically be submitted into the drawing to win special prizes such as HDTV's gift certificates and more!

\$1.00 per entry, so enter as many times as you want! This special offer is only good through this brochure! The weekend of the event entries will be \$5.00 for two and \$10.00 for five.

Please fill out form below and make checks payable to

Hempfield Township, 1132 Woodward Dr. Suite B, Greensburg PA 15601

### Hempfield Community Days Drawing 2010

Name \_\_\_\_\_ Daytime Phone # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

\_\_\_\_\_ # of entries, \$1 per entry

**\*Winning entries will be announced the evening of Saturday August 14<sup>th</sup> on main stage**

## Aquatics (Registration form on page 20)

### American Red Cross Swimming Instruction (Ages 6 months-Ages 17)

Pre-registration required. Swimming skills and safety in the water for all ages. Participants must be of age before class begins.  
**DIVING IS NOT PERMITTED IN THE SETON HILL UNIVERSITY POOL.**

- **Babies with Parents:** Parent or guardian must participate with child under age 4. Pediatrician permission required for babies 0-6 months.
- **Pre-Swim:** For ages 4-5 who do not have previous instructional experience.
- **Advanced Pre-Swim:** For ages 4-5 who can float front and back by him/herself and who is comfortable in deep water.
- **Beginners:** Ages 6 & up who do not have previous American Red Cross training.
- **Advanced Beginners/Intermediates/Swimmers:** For ages 6-17 who have passed the previous American Red Cross level. MUST be able to swim the length of the pool.
- **Family Swim:** Open pool time for families. **(HEMPFIELD SCHOOL DISTRICT RESIDENTS ONLY).**
- **Adult Learn to Swim:** Individual adult instruction
- **Water Safety Instructor:** Ages 16 and up Lifeguarding not required. Possible job placement. No fee required. Instructors are required to attend a FIT class. Books purchased at an additional cost. Call 724-832-8771 for details.

**Coordinator: Betty Prycl**

**Location: Seton Hill University Pool, Sullivan Hall**

#### FIRST SESSION

##### **Monday & Wednesday**

**(5 weeks) March 29 to April 28**

5:00-5:30 pm Babies with Parents

5:30-6:00 pm Pre Swim/Adv. Pre-Swim

Limit: 25 participants

##### **Tuesday & Thursday**

**(5 weeks) March 30 to April 29**

5:00-6:00 pm Beginners

6:00-7:00 pm Adv.Beg/Int/Swim & up

Limit: 30 participants



#### SECOND SESSION

##### **Monday & Wednesday**

**(5 weeks) May 3 to June 7 (no May 31)**

5:00-5:30 pm Babies with Parents

5:30-6:00 pm Pre-Swim/Adv. Pre-Swim

Limit: 25 participants

##### **Tuesday & Thursday**

**(5 weeks) May 4 to June 3**

5:00-6:00 pm Beginners

6:00-7:00 pm Adv.Beg/Int/Swim & up

Limit: 30 participants

#### SATURDAY

**(10 weeks) March 27 to May 29**

8:00-12:00 Noon Water Safety Instructor

9:00-9:30 am Pre-Swim/Adv. Pre-Swim

10:00-11:00 am Beginners

9:30 -10:00 am Babies with Parents

11:00-12:00 pm Adv. Beg/Int./Swim & up

Limit: 25 participants

Limit: 30 participants

**Resident Fee: \$ 45**

**Non-Resident Fee: \$ 55**



## Adult Aquatics (Registration form on page 20)



### Water Safety Instructor (Ages 16 & up)

Lifeguarding not required. Possible job placement  
Must attend FIT class. Books purchased at additional cost.

FIT class: Friday, March 26 only 5:00-9:00 pm  
Time: Saturday, 8:00-12:00 Noon  
(10 weeks) March 27 - May 29  
Fee: None required

### Family Swim

Open pool time for families. Hempfield residents only.  
**NO DIVING PERMITTED**

Time: Friday-5:30-7:00 pm  
(8 weeks) April 9 to May 28  
Resident Fee: \$ 35 per family  
Limit: 14 families



### Adult Learn to Swim (Ages 15 & up)

Adult instruction. **NO DIVING PERMITTED**

Time: Friday-7:00-8:30 pm  
(8 weeks) April 9 to May 28  
Resident Fee: \$ 45  
Non - Resident Fee: \$ 55  
Limit: 25 participants



### Water Aerobics (Ages 15 & up)

Self paced water exercise. Swimming skills not required.  
Impact free. Held at Seton Hill University Pool, Sullivan Hall.

#### FIRST SESSION

Time:  
(5 weeks)

Monday and Wednesday 6:00-7:00 pm  
March 29 to April 28

#### SECOND SESSION

Time:  
(5 weeks)

Monday and Wednesday 6:00-7:00 pm  
May 3 to June 2

Resident Fee: \$ 45  
Non-Resident Fee: \$ 55  
Limit: 25 participants per class



# Pre-School Activities (Registration form on page 20)

## Fun for One

(Age 1)



Come and spend some social and recreational time with your child. Our program consists of movement, tumbling, interaction and playtime. *Parent/guardian participation required.*

**Instructor:** Connie Madarish  
**Location:** Hempfield Township Municipal Building MPR  
**Times:** Wednesday, 6:00-6:45 pm Ages 12-24 months  
(8 weeks) April 7 to May 26  
OR  
Friday, 10:00-10:45am Ages 12-18 months  
Friday, 11:00-11:45am Ages 18-24 months  
(8 weeks) April 9 to May 28  
**Resident Fee:** \$ 35  
**Non-Resident Fee:** \$ 45  
**Limit:** 16 participants per class

## Terrific Twos

(Ages 2-3)

This toddler play group includes various activities such as games, music, crafts, movement and story telling for fun & interaction. *Parent/guardian participation is required.*

**Instructor:** Connie Madarish  
**Location:** Hempfield Township Municipal Building MPR  
**Times:** Tuesday, 6:00-7:00pm Ages 2-3  
(8 weeks) April 6 to May 25  
OR  
Friday, 12:00-1:00 pm Ages 2-3  
Friday, 1:15-2:15 pm Ages 2-3  
(8 weeks) April 9 to May 28  
**Resident Fee:** \$ 35  
**Non-Resident Fee:** \$ 45  
**Limit:** 16 participants per class



## Tumbling Tots

(Age 3-6)



Does your child have endless energy? Come and join the fun of learning basic tumbling and balance beam skills. Wear leotard/loose T-shirt and shorts.

*Parent/guardian volunteers requested.*

**Instructor:** Connie Madarish  
**Location:** Hempfield Township Municipal Building MPR  
**Times:** Monday 6:00-7:00 pm  
(8 weeks) March 29 to May 17  
**Resident Fee:** \$ 35  
**Non-Resident Fee:** \$ 45  
**Limit:** 16 participants per class

## Pre-School Activities Continued(Registration form on page 20)



### Gamezone with Coach Connie (Ages 3-5)

Fun, games, sports and more highlight this mix of activities to engage kids and keep them active. Coach Connie's high energy and enthusiasm is sure to attract kids of all ages in this active program. Must wear tennis shoes.

Parent/guardian participation is required.

<b>Instructor:</b>	Connie Madarish
<b>Location:</b>	Hempfield Township Municipal Building MPR
<b>Times:</b>	Monday, 7:00-8:00 pm
<b>(8 weeks)</b>	March 29 to May 17
<b>Resident Fee:</b>	\$ 35
<b>Non-Resident Fee:</b>	\$ 45
<b>Limit:</b>	16 participants

### Play Pals (Ages 2-3)

Activities include fine and gross motor skills, art, music, singing, finger play, spatial awareness and story time. Parent/guardian participation is required.

<b>Instructor:</b>	Lynn Lawrence
<b>Location:</b>	Hempfield Township Municipal Building MPR
<b>Times:</b>	Monday and Wednesday 9:30-10:30 am
<b>(8 weeks)</b>	March 29 to May 19
	OR
<b>(8 weeks)</b>	Tuesday and Thursday 9:30-10:30 am
	March 30 to May 20
<b>Resident Fee:</b>	\$ 59
<b>Non-Resident Fee:</b>	\$ 69
<b>Limit:</b>	16 participants



### Parents Note:

Experience has taught us that young children enrolled in our various programs can become easily distracted if their parent or guardian is present. We ask that during class you take that time for yourself by not remaining within your child's sight unless parental participation is required. Surprisingly, you may find that you both benefit greatly. Thank you for your cooperation.

### Get Ready! Get Set! GO! (Ages 4 & 5)

Take advantage of our 3 day per week program designed to prepare your child for the school setting with developmentally appropriate learning without the presence of his/her parent. Please bring a bag lunch to each class. Parent/guardian is requested to volunteer to be a teacher's helper on appointed days.



<b>Instructor:</b>	Lynn Lawrence
<b>Location:</b>	Hempfield Township Municipal Building MPR
<b>Times:</b>	Monday, Wednesday, and Thursday
	10:45 am-12:45 pm
<b>(8 weeks)</b>	March 29 to May 20
<b>Resident Fee:</b>	\$ 110
<b>Non-Resident Fee:</b>	\$ 120
<b>Limit:</b>	16 participants

## Pre-School Activities Continued(Registration form on page 20)

### Tiny Tap & Ballet (Ages 4-7)

An introduction to tap and ballet. Your child will learn positions and movements to music. Tap and ballet shoes not necessary. Must wear leotard/loose fitting clothes.

<b>Instructor:</b>	Janet's School of Dance--Irwin
<b>Location:</b>	West Point Elementary Cafeteria
<b>Time:</b>	Tuesday, 6:00-7:00 pm
<b>(8 weeks)</b>	March 30 to June 1 (no April 13 and May 11)
<b>Resident Fee:</b>	\$ 35
<b>Non-Resident Fee:</b>	\$ 45
<b>Limit:</b>	16 participants



### Iddy Biddy Baseball (Ages 4-6)

Play Ball ! Help your child get ready for the 2010 baseball/softball season, while learning the "FUN"amentals of throwing, catching, base running and team sportsmanship. Must wear tennis shoes and bring own glove.



<b>Instructor:</b>	HTAC Staff
<b>Location:</b>	Hempfield Township Athletic Complex
<b>Time:</b>	Wednesday, 6:15-7:00 pm
<b>(6 weeks)</b>	March 31 to May 5
<b>Resident Fee:</b>	\$ 25
<b>Non-Resident Fee:</b>	\$ 35
<b>Limit:</b>	18 participants

Our entire staff takes great pride in offering recreation and sports programs that members of the community will find enjoyable. We would like to invite you and your family to participate in a healthy and active lifestyle!

#### Three ways to be supportive of your child---

1. Have a weekly family game night. Take turns choosing games.
2. Spend one hour a week with each child alone. Take a walk, listen to music or just hang out.
3. Find out one area where your child is struggling. Listen to your child's concerns. Help your child think of ways to address the problem.

Look through the Spring 2010 Headlining Hempfield Brochure---  
There's lots of healthy, fun ways for families to spend time together!

## Children & Teen Activities (Registration form on page 20)

### Karate Kids (Ages 6-16)

Develop coordination and discipline while learning the art of self-defense.

<b>Instructor:</b>	TC Taekwon-Do Academy—Master Tim Copper
<b>Location:</b>	West Point Elementary School Gymnasium
<b>Times:</b>	Wednesday, 6:00-7:00 pm
<b>(8 Weeks)</b>	March 31 to May 19
<b>Resident Fee:</b>	\$ 35
<b>Non-Resident Fee:</b>	\$ 45
<b>Limit:</b>	40 participants



### TopSoccer (Ages 8 & up)

Outreach program for physically or mentally disabled participants. Learn basic skill and team concepts. Participants placed on different teams each week for small sided games.



<b>Instructor:</b>	Doug Englehart/Lisa Clark
<b>Location:</b>	Swede Hill/Leggett Soccer Field
<b>Time:</b>	Monday, 6:00-7:00 pm
<b>(6 weeks)</b>	April 19 to May 24
<b>Resident Fee:</b>	\$ 20
<b>Non-Resident Fee:</b>	\$ 30
<b>Limit:</b>	20 participants

### Youth Tennis (Ages 11-14)

Basic tennis skills, rules and courtesy will be presented in this class. Participants must bring their own racket and water bottle.

<b>Instructor:</b>	Jerry Way
<b>Location:</b>	Hempfield Sr. High School Tennis Court
<b>Time:</b>	Saturday, 8:00 - 9:00 am
<b>(6 weeks)</b>	March 27 to May 1
<b>Resident Fee:</b>	\$ 32
<b>Non-Resident Fee:</b>	\$ 42
<b>Limit:</b>	15 participants



### DID YOU KNOW THAT -----

By engaging in some of the many recreation pursuits that are conducive to social interaction, children and adults are more likely to make friends and develop closer, lasting friendships.

# Youth Sports

(Registration form on page 20, unless separate forms are required)



## Spring In-House Soccer League

(Boys & girls ages 4-9 as of July 31, 2009)

Registration March 1 to March 12, 2010. Separate registration forms are required and will be available at the Recreation Office the week of February 15<sup>th</sup>.

All soccer registration is now being taken at the Hempfield Township Athletic Complex.

Coaches Meeting - March 18<sup>th</sup> at 7:00 pm. (HTAC)

\*\*\*\*\*

## Youth Volleyball Skill Development

(Ages 8 and up)

Learn to play volleyball in a fun, safe and supervised environment. Basic volleyball rules, skills and positions will be taught to be used in lead-up games.

- Instructor:** Lynn Cutway
- Location:** Wendover Middle School Gymnasium
- Times:** Tuesday, 6:00-7:00 pm
- (6 Weeks)** April 6 to May 11
- Resident Fee:** \$ 30
- Non-Resident Fee:** \$ 40
- Limit:** 30 participants



## Family and Friends Volleyball

(Ages 12 and up)

Practice and develop game skills through pick-up games each night with your friends and family. \* **HEMPFIELD RESIDENTS ONLY.**

- Instructor:** Lynn Cutway
- Location:** Wendover Middle School Gymnasium
- Times:** Tuesday, 7:15-8:15 pm
- (6 Weeks)** April 6 to May 11
- Resident Fee:** \$ 30
- Limit:** 8 groups—maximum 4 per group

\* Registrant must be a Hempfield Resident. Family and Friends limited to a maximum of 4 per group. Must sign in weekly with instructor.



**Website---** Check out our website at [www.hempfieldtwp.us](http://www.hempfieldtwp.us)

## Adult Activities (Registration form on page 20)

### America's Parks and Recreation

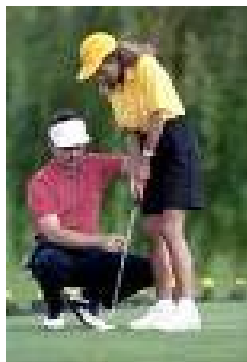
★ Expanding Knowledge ★ Strengthening Neighborhoods ★ Conquering Fears ★ Making New Friends ★

The Benefits Are Endless.....

### Adult Golf

(Ages 18 & up)

Basic instruction in skills and rules. Course fees at additional cost. Must bring your own clubs.



Instructor:	Brian Clocek	
Location:	Valley Green Golf Course	
(5 weeks)	Tuesday, March 30 to April 27	
Resident Fee:	\$ 45.00	Non-
Resident Fee:	\$ 55.00	
Limit:	8 participants	

### Adult Co-Ed Volleyball

(Ages 18 & up)

Play volleyball for fun and exercise.

Instructor:	Lynn Cutway
Location:	Wendover Middle School Gymnasium
Time:	Monday 7:00 - 9:00 pm
(6 weeks)	April 12 to May 17
Resident Fee:	\$ 35
Non-Resident Fee:	\$ 45
Limit:	30 participants



### Driver Theory Education

(Ages 15 & up)

This course will instruct students on how to be a responsible, defensive driver as well as knowledge of PA regulations. The class instructor uses a variety of techniques to train drivers to adjust to today's driving situations. Students will be issued a "driver education certificate" which is acceptable for insurance discount at the completion of the course. The course is offered through Sherid's Driving School, a family owned business established in 1961. If you give them the keys to the car, give them the time to use them wisely. Private behind the wheel instruction available separate from this class.

Instructors:	John W. Sherid, Owner H. Renee Sherid, Instructor
Location:	Swede Hill Park Building
Time:	Monday, 6:00-9:00 pm
(10 weeks)	March 22 to June 7 (no May 24)
Resident Fee:	\$ 100
Non-Resident Fee:	\$ 125



## Adult Activities Continued (Registration form on page 20)

### Yoga

(Ages 18 thru Sr. Citizens)

Yoga is a completely systematized, yet simple, science of physical conditioning for more healthful living. The stretches and postures practiced in yoga are a natural way to reduce stress and tension, and gain strength and flexibility. Please bring exercise mat or throw rug to each class.



**Instructor:** Penne Steiger  
**Location:** Maxwell Elementary Gymnasium  
**Time:** Monday, 6:30-8:00 pm Beginners/Intermediates  
(8 weeks) March 29 to May 24 (no April 5 )  
OR  
**Time:** Wednesday, 6:30-8:00 pm Beginners/Intermediates  
(8 weeks) March 31 to May 19  
**Resident Fee:** \$ 45  
**Non-Resident Fee:** \$ 55  
**Limit:** 30 participants per class

### One Hour Workout

(Age 15 & up)

This workout welcomes women/men of all levels of fitness and will provide a total body workout each class. The workout will combine cardio, circuit training, body sculpting ( weights optional) and core strengthening. This will be a fun workout designed to help you reach your fitness goals. Bring your own weights and mat.

**Instructor:** Debbi Willcock  
**Location:** West Point Elementary Gymnasium  
**Time:** Tuesday & Thursday, 6:30-7:30 pm  
(8 weeks) April 6 to June 3 (no class May 20)  
**Resident Fee:** \$ 45  
**Non-Resident Fee:** \$ 55  
**Limit:** 40 participants



### Jazzercise

(Ages 18 & up)

When you love your workout, results come easy. That's why Jazzercise blends aerobics, yoga, Pilates, and kickboxing movements into fun dance routines set to fresh new music. All fitness levels are welcome. Bring your own mats. Weights are optional.



**Instructor:** Kathleen Marks  
**Location:** West Hempfield Elementary Gymnasium  
**Time:** Wednesday, 6:30-7:30 pm  
(6 weeks) March 31 to May 5  
**Resident Fee:** \$ 30  
**Non-Resident Fee:** \$ 40  
**Limit:** 40 participants

## America's Parks and Recreation

★ Promoting Unity ★ Educating Kids and Adults ★ Creating Memories ★ instilling Teamwork ★

The Benefits Are Endless.....

## Adult Activities Continued (Registration form on page 20)

### Computer Basics

(Ages 15 & up) Seniors are welcomed.



This class is for those with no previous computer experience or little computer experience. Learn basic computer skills to help you get more use from your home PC. Students will use Microsoft Windows XP and Word XP to practice the skills learned.

<b>Instructor:</b>	<b>Steve Jordan</b>
<b>Location:</b>	<b>Hempfield High School Room 216</b>
<b>Time:</b>	<b>Monday, 6:30-8:30 pm</b>
<b>(6 weeks)</b>	<b>April 12 to May 17</b>
<b>Resident Fee:</b>	<b>\$ 35</b>
<b>Non-Resident Fee:</b>	<b>\$ 45</b>
<b>Limit:</b>	<b>20 participants</b>

### Advanced Computers

(Ages 15 & up) Seniors are welcomed.

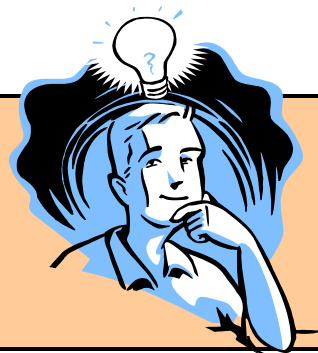
This class is for those that have completed a previous Hempfield Parks and Recreation Computer Class or have basic computer skills. Students will enhance their computer skills with a focus on using the internet and e-mail tools. Subjects covered will include protecting your computer from viruses and spyware, sending and receiving e-mail and attachments, and the explanation of the basic prompts and messages you receive from your computer. Familiarity with keyboarding, using a mouse, and Windows are required.

<b>Instructor:</b>	<b>Steve Jordan</b>
<b>Location:</b>	<b>Hempfield High School Room 216</b>
<b>Time:</b>	<b>Wednesday, 6:30-8:30 pm</b>
<b>(6 weeks)</b>	<b>April 14 to May 19</b>
<b>Resident Fee:</b>	<b>\$ 35</b>
<b>Non-Resident Fee:</b>	<b>\$ 45</b>
<b>Limit:</b>	<b>20 participants</b>



### DO YOU HAVE AN IDEA??

Hempfield Parks and Recreation is always looking for new and exciting suggestions or ideas you may have for programs, field trips or special events. Please share your thoughts with us and we will look into offering them to you in the future.



## Adult Activities Continued (Registration form on page 20)

### Zumba® Fitness

(Ages 12 and up)



Have Fun? Dance? Work at your Own Fitness Level? Listen to Great Music? Zumba fitness is the Latin-inspired, calorie-burning, feel-it-to-the-core dance-fitness party that leaves you feeling energized and exhilarated throughout your day! Have you been wanting to try Zumba but a little intimidated? This is the place for you. Make this the year you commit to party more. Check out our website, [www.danceamorfitness.com](http://www.danceamorfitness.com). We're waiting for you!

<b>Instructor:</b>	Dance Amor Fitness
<b>Location:</b>	Hempfield Township Athletic Complex
<b>Time:</b>	Tuesday 8:00 - 9:00 pm
<b>(6 Weeks)</b>	March 30 to May 4
	Or
<b>Time:</b>	Thursday 8:00 to 9:00 pm
<b>(6 Weeks)</b>	April 1 - May 6
<b>Resident Fee:</b>	\$ 30
<b>Non-Resident Fee:</b>	\$ 40
<b>Limit:</b>	None

### Wake Up with Zumba

(Ages 18 and up)

Spend your mornings with the Dance Amor Fitness group. Zumba is a great way to start your day. Easy to follow dance instructions will help to energize you and is a fun way to get your daily exercise.

<b>Instructor:</b>	Dance Amor Fitness
<b>Location:</b>	Hempfield Township Athletic Complex
<b>Time:</b>	Monday 9:30am - 10:30am
<b>(6 Weeks)</b>	March 29 to May 3
<b>Resident Fee:</b>	\$30
<b>Non-Resident Fee:</b>	\$40
<b>Limit:</b>	None



# HEMPFIELD TOWNSHIP ATHLETIC COMPLEX

(located at Hempfield Park)

**OPEN TO THE PUBLIC !**

For info contact Patrick Karnash, Facility Manager 724-219-3963 or [pkarnash@hempfieldtwp.org](mailto:pkarnash@hempfieldtwp.org)



## BUSINESS HOURS:

Monday thru Friday	10:00 am to 10:00 pm
Saturday	9:00 am to 10:00 pm
Sunday	12 Noon to 7:00 pm

*\* All times are subject to change without notice.*

## RENTAL FEES: (no half court rentals)

\$ 40/hr. per court Monday thru Friday  
\$ 45/hr. per court Saturday and Sunday

## 8 to 12 HOUR DAY RENTALS:

\$ 400 first court \$ 200 additional court

## BIRTHDAY PARTIES:

\$ 10/child (minimum 10 children) \$ 50 deposit required  
Use of one full size court, basketballs, soccer balls, volleyballs and lobby area. Catering and decorations not provided.

## OPEN COURT TIME:

\$ 2/person (shoot around during non-scheduled activities)  
Call in advance for open times. No large groups or teams.

## Walk for Your Health Club

(Walkers Wanted - All Ages Welcome)

Do you enjoy a healthy lifestyle? Is walking more than just a way of getting from one place to another? If so, stop in to the Hempfield Township Athletic Complex and sign up for the Walk For Your Health Club. One lap around the indoor two lane track equals approximately  $\frac{1}{4}$  mile. Building will be open as early as 8:00 am. **FREE TO ALL WALKERS!**

## ATTENTION: Senior Citizens

Do you have spare time on your hands?  
Consider volunteering a few hours at Hempfield Township Athletic Complex !  
Call Patrick Karnash at 724-219-3963

## DIRECTIONS TO SCHOOLS, PARKS, COMPLEX and MUNICIPAL BUILDING

### **Bovard Elementary**

Get on New Alexandria Road (Lynch Field) pass Sheetz on left, pass Lynch Field on right, go straight thru light, pass Swing Away Golf Driving Range on right, and make next right. Follow about 1/2 mile. School is on the left.

### **East Hempfield Elementary**

Route 30 East to Pleasant Unity exit. Turn right onto Route 130 at traffic light. Make second right turn and then first left. Look for school signs.

### **Fort Allen Elementary**

Route 30 West to West Newton exit. Turn right at exit onto Route 136. Stay on Route 136 going past Shop and Save and 711 Store until third traffic light. Turn left at light. Entrance to school is about 1/4 mile on left.

### **Harrold Middle**

Route 30 West to West Newton exit. Turn right at exit onto Route 136. Stay on Route 136 going past Shop and Save and 711 Store until you reach fourth traffic light. Turn left at this light into entrance to school.

### **Hempfield Area Senior High**

Same directions as Harrold Middle School. Turn right at light into school. School is across from Harrold's Middle School.

### **Maxwell Elementary**

Main Street in Greensburg towards Delmont. Main Street becomes Route 66 North. Follow approximately 2 miles to traffic light by Shop & Save Supermarket. Turn right at light then make left on Old Salem Road and follow to school.

### **Stanwood Elementary**

Take Route 119 South through Youngwood towards New Stanton. Exit onto 66 toll road bypass. Take first exit onto Arona Road, at end of exit, make right at stop sign. Make left onto Arona Road. School is  $\frac{1}{2}$  mile on right side across from Vo-Tech.

### **Wendover Middle**

Take Route 30 East to Mt. Pleasant exit. At stop sign turn right. Continue past Pitt at Greensburg Campus. Bear left at fork in the road towards fairgrounds. Continue up winding hill past Poole's Mushroom Farm on your left. At top of hill look for Wendover housing plan sign on red brick entrance. Turn left into housing plan. Bear left, go three stop signs and look for a blue Wendover Middle School sign. Turn left into school on Arthur Drive.

### **West Hempfield Elementary**

Follow Route 30 West towards Irwin. Make a left at the last light before the turnpike entrance (BP station). Continue to four way stop sign and turn right. School is about 1/2 mile down this road on the left side.

### **West Hempfield Middle**

Same directions as West Hempfield Elementary School. Take Wendel Road past West Hempfield Elementary School and bear left into the housing plan. Turn left onto Northumberland Road and follow to school.

### **West Point Elementary**

Follow same directions for Wendover Middle School until you get to Wendover School. Go thru stop sign. Turn next right onto Salisbury Drive. School is at the end of the street.

### **Hempfield Park/Athletic Complex**

**From Downtown Greensburg:** Take Rt. 66 N (Main St.) go thru traffic light at Shop 'N Save. Continue about 2 miles, turn right just past N. Hempfield Fire Department onto old Rt.66. Take the first right onto Forbes Road, go up steep hill. Park is on the right. Use main entrance parking lot near the flagpole or parking lots near tennis courts and sports field complex.

### **Swede Hill Park (Leggett Field)**

Follow Route 119S to the traffic signal at Kings Restaurant. Turn RIGHT and follow Willow Crossing Road up the hill and through an 'S' curve. Swede Hill Park will be on your right.

### **Hempfield Township Municipal Building (Recreation Office)**

Take Rt. 30W to West Newton exit. Bear right onto Rt. 136. Go approximately 2 miles to the first traffic light. Make left onto Woodward Drive. (be careful first left is one way road). Municipal Building is second building on right.

# REGISTRATION INFORMATION

## Please register EARLY !

Classes are limited and registration is taken first come, first served. If a class does not have sufficient registration by 3 working days prior to the start of the class, the class will be cancelled.

## Residency

Hempfield Parks & Recreation serves the Hempfield Area School District. *Adamsburg, Hunker, Manor, New Stanton, and Youngwood are residents of Boroughs within the Hempfield Area School District*

## Resident Registration

Walk-in registration for Hempfield School District residents begins Monday, March 15, 2010 (8:00 am to 4:00 pm)

## Non-Residents Registration

Non-Residents may register beginning Monday, March 22, 2010, space-permitting. Non-Resident fees are listed under each activity.

## Complete Registration Form

Fill out registration form completely and accurately.

Persons MUST register PRIOR to participation in ANY program. Registrations and fees cannot be handled at the sites by instructor, coaches, or staff members.

## Payment Methods

Registration is not accepted without payment of fees. Do not mail cash. **Make checks payable to: HEMPFIELD TOWNSHIP.** MasterCard/Discover/Visa credit cards are accepted by mail, in person or by fax by completing the required information on the registration form. Debit cards in person only. **No phone-in registrations accepted.**

## Class Cancellations

Programs held in Hempfield Area School District facilities are cancelled on April 1, 2, 5, May 20, 21, 31, and June 4 and whenever schools are closed. If schools are closed, classes in the township building will still be held, unless you are notified otherwise.

Programs held in the Hempfield Township Municipal Building are cancelled on April 2 and May 31.

## Financial Assistance

Reduced and/or waived fees are available for low income families and will be reviewed on an individual basis. Contact the Recreation Office.

## Confirmation

Your receipt is your confirmation. Hempfield Parks & Recreation reserves the right to make any late changes in the program. You will be contacted before the class begins *ONLY* if there is a change or problem.

## Waiting List

If a class is full, you may register and PAY to be placed on a waiting list. You will be notified, if an opening occurs. If no opening occurs or a new class is not scheduled, a full refund will be issued. DO NOT ATTEND the class unless you are notified that you have filled an available space.

## Accessibility

Every reasonable effort will be made to accommodate physically and mentally handicapped individuals. Please call the Recreation Office to request accommodations.

## Refund Policy

Hempfield Parks & Recreation reserves the right to cancel programs due to insufficient registration. A full refund will be issued. No refunds given due to inclement weather unless the class is cancelled and not rescheduled. No refund for sports leagues after drafts or inclement weather - - Every effort will be made to re-schedule

- Upon request, a 90% refund will be issued before the program begins.
  - Upon request, a 75% refund will be issued between the first and second classes held.
  - Upon request, a 50% refund will be issued between the second and third classes held
  - If a refund is applicable, a written explanation from your medical physician must be submitted for refund requested due to illness or injury.
- 
- Upon request, a 90% refund will be issued for field trips and special events before the registration deadline. No refunds will be issued after the registration deadline.
  - Refund checks are mailed within 2 weeks of the request.

## Lost or Stolen Items

Hempfield Parks & Recreation is not responsible for personal items that are lost or stolen during participation in our activities. However, please contact our office concerning lost items as many times they are turned in by others.

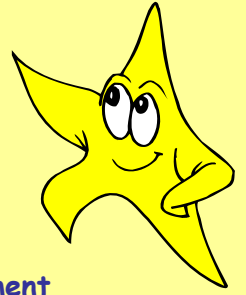


# HEMPFIELD PARKS & RECREATION

1132 Woodward Drive, Suite B

Greensburg, PA 15601

Phone: 724-836-7900 or 724-864-7600 Fax: 724-836-7708



## Registration Form

Please fill out entirely for our records, detach and submit with payment

**MUST BE PRE-REGISTERED ! REGISTRATIONS NOT ACCEPTED BY INSTRUCTORS !**

Participant Name \_\_\_\_\_ Circle: Resident Non-Resident

Parent/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

e-mail address (print legibly) \_\_\_\_\_

Work/Cell Phone \_\_\_\_\_ X Home Phone \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Sex \_\_\_\_\_ Birth Date \_\_\_\_\_

Name of Activity \_\_\_\_\_ Fee \$ \_\_\_\_\_

Location \_\_\_\_\_ Days \_\_\_\_\_ Time \_\_\_\_\_ Dates \_\_\_\_\_

Name of Activity \_\_\_\_\_ Fee \$ \_\_\_\_\_

Location \_\_\_\_\_ Days \_\_\_\_\_ Time \_\_\_\_\_ Dates \_\_\_\_\_

Parent/Guardian/Adult Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

## Medical Information

Doctor's Name \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Allergies/Medical Conditions \_\_\_\_\_

## Payment Information

Total Amount Paid \$ \_\_\_\_\_

Please circle one: Cash Check # \_\_\_\_\_ MasterCard Visa Discover

Make checks payable to: HEMPFIELD TOWNSHIP

Name on Credit Card \_\_\_\_\_

Card # \_\_\_\_\_ Exp.Date: \_\_\_\_\_ 3 Security #'s (back of card) \_\_\_\_\_

# Parks

## Hempfield Park

Hempfield Park is located in northern Hempfield Township just off Route 66 about 4 miles north of downtown Greensburg. The park has a one mile walking track, lighted tennis courts, volleyball courts, horseshoe pits, soccer fields, baseball fields, play equipment, bocce court, and five pavilions for rent. The park is open to the public daily from 9:00 am to dusk. Pavilion reservations are from 9:00 am to 11:00 pm. **All pavilions are handicapped accessible.**

### Resident Rental Fees:

- o **Entire Park:** \$ 725 Monday thru Thursday
- o **Entire Park:** \$ 750 Friday thru Sunday
- o Groups of 350/larger MUST reserve entire park.

**Fee required to be paid in full at time of application for Entire Park. Fee includes refundable \$ 150 security deposit.**

- o **Pavilion A & E (large) with kitchen:**  
Approx. 325 capacity  
\$ 275 Friday thru Sunday  
\$ 250 Monday thru Thursday
- o **Pavilion D (medium):** Approx. 200 capacity  
\$ 200 Friday thru Sunday  
\$ 175 Monday thru Thursday
- o **Pavilion B & C (small):** Approx. 100 capacity  
\$ 175 Friday thru Sunday  
\$ 150 Monday thru Thursday

**Fee required to be paid in full at time of application for Pavilions A, B, C, D & E. Fee includes \$ 75 refundable security deposit.**

**Reservations for 2010 Hempfield residents will be taken beginning Monday, February 8, 2010, first come, first served at the [Hempfield Township Athletic Complex](#).**

**Non-Residents pay an additional \$ 50 to the resident reservation fee and reservations will be taken starting Monday, February 22, 2010, first come, first served at the [Hempfield Township Athletic Complex](#).**

### Hempfield Park or Swede Hill Park Reduced Fee Request

Send letter to Commission for review and approval.  
\$ 25 + \$ 100 security deposit per day/per pavilion.



## Outdoor Walking Track

(Hempfield Park)

Bring a friend and enjoy the peaceful wooded trail. (approximately one mile). Park is open 9:00 am to dusk.

## Indoor Walking Track

(Hempfield Township Athletic Complex)

One lap around the indoor two lane track equals approximately 1/10 mile. Building will be open as early as 8:00 am. **FREE TO ALL WALKERS!**

## Swede Hill Park

Swede Hill Park is located on Willow Crossing Road in central Hempfield Township. This park has a basketball court, volleyball net, horseshoe pits, play equipment, soccer field, one ball field and a building with kitchen facilities for rent. The park is open to the public daily from 9:00 am to dusk.

### Resident Rental Fees: (Monday thru Sunday)

- o **Entire Park:** \$ 375
- o **Community Building/shared Park Usage:** \$ 200

**Fee required to be paid in full at time of application for entire park or community building. Fee includes \$ 75 refundable security deposit**

### Resident and Non-Resident Evening Building Rentals:

- o \$ 50 6:00-9:00 pm, Monday through Friday
- o \$ 25 each additional hour up to 11:00 pm

**Reservations for 2010 for Hempfield residents will be taken beginning Monday, February 8, 2010, first come, first served at the [Recreation Office](#).**

**Non-Residents pay an additional \$ 50 of the resident reservation fee and reservations will be taken starting Monday, February 22, 2010, first come, first served at the [Recreation Office](#).**